

Morning Star I & II are OASAS licensed community residences providing 24-hour care and transitional services for women in recovery from substance abuse in need of a structured, sober environment.



Morning Star I & II

Where Hope Brings Change

What is Morning Star?

Morning Star I and II provide a safe, structured, sober environment for women in recovery from substance abuse who have a high potential to transition to independent living. We help residents develop a sense of independence by encouraging them to take greater responsibility for themselves. We also encourage and help them build a sober support system that they'll be able to utilize once they leave Morning Star. We treat each woman individually and tailor a treatment plan according to her needs. Clients are referred from an OASAS licensed inpatient or outpatient substance abuse rehabilitation program.

Morning Star I - women only

Morning Star II - women and preschool aged children

**"I've learned a lot since I've been here.
I found my voice. I'm proud of myself."**

— Diane, Morning Star I resident

Morning Star I & II Offer

- A highly structured environment
- 24-hour supervision
- Focus on recovery
- Individual and group counseling
- Relapse prevention
- Vocational rehabilitation
- Recreational activities
- Transportation to outpatient treatment
- Transportation to self-help meetings
- Random drug testing (observed)
- Medication management
- Parenting program
- Childcare (MS II)
- Discharge planning

Morning Star II

Morning Star II allows mothers to live with their preschool aged children as they work toward recovery - giving them the opportunity to bond with their children and work on parenting skills. Some mothers have little or no parenting experience. Morning Star II teaches them how to parent correctly from trained parenting professionals. Children feel safe, secure and loved. They learn about structure and boundaries and making healthy attachments. Trained staff care for the children while parents are in treatment, related groups, meetings, etc. Parents are responsible for their children at all other times.

Children

- 3- and 4-year-olds attend local preschool
- 5-year-olds attend Kindergarten (Half Hollow Hills School District)

Clients who are enrolled in Morning Star I may transition to Morning Star II when they regain custody of their children.

Parenting Program for Morning Star I and II Includes:

- Parenting specialist
- Weekly 1:1's
- Weekly parenting group
- Parenting effectiveness course
- Supervised Mommy & Me outings

Contact Us:

For more information about our Morning Star programs, please contact:

Morning Star I

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Morning Star II

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Morning Star I & II

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“Morning Star gave me the freedom and ability to do whatever I want to do and be whatever I want to be.”

— Lola, Morning Star I resident

Referral Process

- Referral must be made from an OASAS licensed treatment facility while client is in treatment.
 - MSI - inpatient/prefer 28 day program
 - MSII - inpatient or outpatient
- Clients must:
 - Be at least 18 years old
 - Meet admission criteria
 - Be able to participate in the program

SCO Family of Services

SCO Family of Services helps vulnerable New Yorkers build a strong foundation for the future. We get young children off to a good start, launch youth into adulthood, stabilize and strengthen families and unlock potential for children and adults with special needs. SCO has provided vital human services throughout New York City and Long Island for more than 100 years.

To learn more about SCO Family of Services, visit us online at www.sco.org.



**Extraordinary reach.
Unconditional care.
Life-changing results.**