

Westbrook Preparatory School is the first New York State approved residential secondary school for students with Asperger syndrome, high functioning autism and related conditions who require intensive support in a 12-month boarding school setting.

Westbrook offers a therapeutic, residential experience integrated with an academic program individually attuned to each student's unique strengths and challenges. We teach these promising students independence while preparing them for post secondary education, employment and life in the community.

Westbrook Preparatory School

New York's First Residential School for Bright, Yet Fragile, Adolescents with High Functioning Autism, Asperger Syndrome and Related Conditions

Westbrook Preparatory School

- A residential school for 24 adolescents between the ages of 12 and 21
- We provide an appropriately challenging academic program that meets all New York State Regents and graduation criteria offered in a therapeutic milieu
- We collaborate with local universities to ensure successful transition and training experiences

At Westbrook, Integrated Best Practices Encompass:

- Positive behavior support
- Cognitive behavioral therapy
- Social problem solving
- Self monitoring
- Self advocacy
- Innovative curriculum design
- Community integration
- Family support and training
- Intensive transition planning
- Mentoring

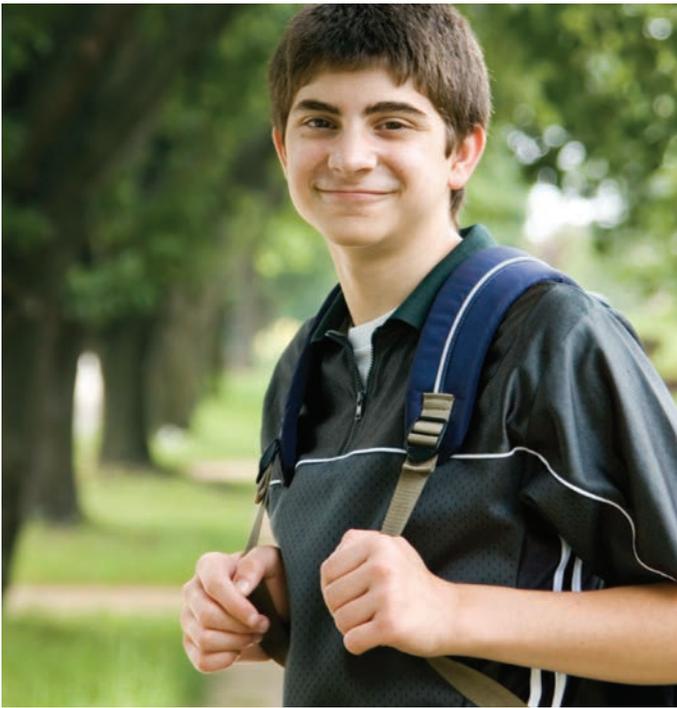
A Therapeutic Setting

Westbrook Preparatory School provides a comprehensive therapeutic program for its students. A primary goal of our program is facilitating students' interactions, self discovery and knowledge of their individual strengths and needs. Our approach emphasizes the importance of understanding social relationships and supports students as they put into practice new skills and perspectives.

"For our kids, there is a small window of opportunity. If we create the kind of school that makes the most of that moment, we can change their lives forever. My son had that experience in Connecticut, now we want to make it available right here on Long Island."

— Maureen Holohan, Parent and Governing Body Member

Extraordinary reach. Unconditional care. Life-changing results.



Comprehensive Transition Planning

Transition into the adult world can present challenges for all young people. Students with disabilities often require unique programming and planning. Westbrook Preparatory School works closely with school districts and parents to provide individual transition planning for students with the goal of achieving the maximum possible independence through supervised field work experiences, independent living expectations, and participation in community-based activities.

Outcomes of transition planning may include postsecondary education, vocational training, adult education, adult services, independent living, community participation, and employment. Activities for each student are based on the student's individual needs, preferences, and interests.

Cover drawing by Evan Daniel Smith.

Contact Us:

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For admission and student referral information:
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Residential Living

The residential program offered at Westbrook Preparatory School provides the student with the opportunity to interact with others outside of a classroom setting. Students learn socialization skills with people outside of their family in a controlled, safe environment. Often for the first time, students begin to develop friendship skills and meaningful peer relationships. Our residential program works to address student isolation tendencies and skill development. An abundance of recreational activities are available to promote group and individualized interaction.

Although our students are well supervised, they learn the living skills necessary for independence in the adult world. Skill development and comprehensive planning occur to address independent living skills and self-sufficiency.

Designed to help students have successful experiences through physical, cultural and social accomplishments, our students build self-esteem and their ability to successfully explore new activities, individual strengths and interpersonal challenges.

Is Westbrook Preparatory Right for Your Student?

- Your student is between the ages of 12 and 21
- His or her goal is to pursue an enriched academic program with a NYS Regents Diploma
- The Committee on Special Education recommends a residential placement with a therapeutic milieu
- Your student has a diagnosis of Asperger syndrome, high functioning autism or a related condition

SCO Family of Services

SCO Family of Services helps vulnerable New Yorkers build a strong foundation for the future. We get young children off to a good start, launch youth into adulthood, stabilize and strengthen families and unlock potential for children and adults with special needs. We enable New Yorkers to meet life's challenges with support, care and acceptance. SCO has played a vital role delivering human services in communities throughout New York City and Long Island for more than 100 years.

To learn more about SCO Family of Services, visit us online at www.sco.org.

