

*SCO Family of Services,
with the generosity of the Taft Foundation,
invites you to attend our*

6th Annual Conference **Bring Your "A" Game to Work & Life!**

A conference for direct support professionals, human services workers, clinicians and leaders.

- DATE:** October 22 or 23, 2019
- TIME:** 10:00 am - 2:00 pm
- LOCATION:** The Inn at New Hyde Park
214 Jericho Turnpike, New Hyde Park, NY 11040



Keynote Speaker: Stephanie Staples

Join master motivator Stephanie Staples for this fast-paced, interactive and idea-packed session that will have you laughing, thinking and feeling inspired to take immediate action that will positively impact your life and livelihood. Buckle up, this author, radio host and social entrepreneur work with busy professionals from the Mayo Clinic to the Middle East to help them live their lives with full gusto and she is ready to light a fire here with us, too! She is the Entrepreneur of the Year winner for Contributions to Community, a wife, mother, and triathlete.

- AGENDA:**
- 9:00 am: Registration and Light Breakfast
 - 10:00 am: Welcome
 - 10:30 am: Breakout Sessions
 - 11:30 am: Networking Luncheon
 - 12:00 pm: Keynote Speaker
 - 1:30 pm: Conference Wrap Up

Breakout Sessions

1. 8 Characteristics of Happy People

Jim Ryan

This is one of Jim's signature programs. Thousands have been inspired and motivated to take charge and live happier and more joyful lives. Jim challenges his audiences to look within to recognize their true potential and to set the intention of achieving personal success. The talk discusses characteristics of Happy People: Intention, Accountability, Know What Makes You Happy, Follow Your Bliss, Recasting, Option A, Appreciation, and Giving. Jim has the ability to turn profound concepts into easily understood solutions.

2. Are You Judging Your Coworkers by Their Cover? (An Implicit Bias Workshop)

Nyah Berg

Many of us have heard the phrase, "never judge a book by its cover." However, all of us have unconscious biases and/or implicit biases about people, places, and things that are a product of our environment. Sometimes these automatic responses can save our lives. Sometimes these implicit biases are hurtful, both in the short and long term, even when causing harm is not the intent. In this workshop, we will not only review definitions of implicit bias and how it works but supply attendees with de-biasing tips and tools for both their personal and professional lives.

3. Trauma-Informed Interventions

George Wurzer, LCSW

Are you looking for positive ways to help someone who has survived a trauma? Deepen your awareness of trauma and its triggers in this workshop and learn about what it means to be trauma-informed and provide trauma-informed interventions.

4. More Than Fun and Games: Team Building 101

SCO's Center for Professional Development

You see your team at work more than your family at times and yet we don't always get to connect with each other. Team building increases productivity, motivation, creativity, and collaboration. This workshop is a chance to learn activities will build better communication, excel at problem-solving, and connect in fun and meaningful ways.

Register Today!

When registering you will be asked to rank your preferences for the breakout session. To register, please click the link below:

www.sco.org/conference

Please RSVP by Oct 20. Look forward to seeing you there!