



New York City's only Residential Treatment Facility for adolescents and young adults dually-diagnosed with a serious emotional disturbance and developmental disability.

The Otilie Campus

Residential Treatment Facility & Theresa Paplin School

A Unique Campus to Heal and Grow

Located on six acres in the heart of Queens, the Otilie Campus is home to New York City's only **Residential Treatment Facility** (RTF) that exclusively serves adolescents and young adults dually-diagnosed with a serious emotional disturbance and developmental disability. The Otilie RTF is an intensive short-term treatment intervention along the children's continuum of care.

The Otilie RTF offers a highly structured, therapeutic setting that focuses on strengthening family connections, providing a trauma-sensitive approach to treatment, and preparing youth to return to their communities.

The campus features five separate residential units for male or female residents, a co-educational unit, ample green space, a gymnasium, art studio, and an area on campus to prepare for independent living.

Residents attend the **Theresa Paplin School**, an on-site special education school, while working towards their goals. In addition to therapeutic and educational services, Otilie offers a variety of recreational and extracurricular activities, including basketball, volleyball, therapeutic art classes, a music program, cooking lessons, and more.

Otilie RTF Services:

- Staffed by licensed and caring Psychiatrists, Psychologists, and Social Workers
- 24-hour Registered Nursing care
- Medical liaison with the pediatric department of Northwell Health - Long Island Jewish/Cohen Children's Medical Center
- Individual, group, and family therapies
- Medication management
- Evidence-based treatments:
 - Cognitive behavioral therapy (CBT)
 - Dialectical behavior therapy (DBT)
 - Skill building
 - Sensory modalities (data driven)
- Development of independent vocational and leisure skills
- Treatment is tailored to meet the specific needs of each resident.
- Family Peer Advocate Services that include:
 - Community-based linkages
 - At-home skill building and tools
 - Parent Connections training
 - Family support meetings

A Place to Learn and DREAM

The **Theresa Paplin School (TPS)** is a non-diploma bound, New York State certified special education school that serves adolescents and young adults who live at the Ottilie RTF or attend as day students referred by school districts in New York City and Nassau and Suffolk counties.

TPS teaches functional, academic, and vocational skills based on each individual's abilities, and offers a full range of educational, clinical, and therapeutic services.

The school's "DREAM" mantra (Drive to Respect Education with an Attitude of Maturity) represents the core values upheld by staff and students every day. Students are encouraged to DREAM with their eyes wide open and be proud of who they are and what they have achieved.



TPS Services:

- Educational testing and assessments
- Behavior modification
- Behavior intervention plans
- Crisis intervention team
- Counseling
- Speech and Occupational therapies
- Vocational training & work study program
- Summer Youth Employment Program opportunities
- Class subjects aligned with New York State Common Core Curriculum
- Career development and occupational studies credential

Contact Us

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Who Can Benefit from These Programs?

Ottilie RTF: Youth needing a highly structured residential setting with all services on site.

Theresa Paplin School: Youth that need a highly structured educational setting.

Age Criteria: 10 -21 years of age

Referrals go through the Pre-Admission Certification Committee (PACC). Referrals to the Theresa Paplin Day School may be accepted from school districts from Nassau, Suffolk, and New York City.

SCO Family of Services

SCO Family of Services helps New Yorkers build a strong foundation for the future. We get young children off to a good start, launch youth into adulthood, stabilize and strengthen families and unlock potential for children and adults with special needs. SCO has played a vital role delivering human services in communities throughout New York City and Long Island for nearly 125 years.

To learn more about SCO Family of Services, visit us online at www.sco.org.



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Life-changing results.