



Morning Star is a residential program for women recovering from substance use.

Morning Star

Where hope brings change

Morning Star Residential Recovery Program

Morning Star provides a safe, structured, sober environment for women in recovery from substance use. Tailored to the unique needs of women, including women with children, our residences help women take greater responsibility for themselves and move on to healthy, autonomous lives.

We treat each woman individually and customize a treatment plan according to her needs. Our goal is to help residents develop a sense of independence and encourage them to build a sober support system to be utilized upon leaving Morning Star. Clients are referred from a NYS Office of Alcoholism and Substance Abuse Services licensed inpatient or outpatient substance abuse rehabilitation program. Prescribed use of MAT is supported.

Our Residences

We offer residential and transitional care on our 56 acre campus in Dix Hills, NY.

- Morning Star I - for women
- Morning Star II - for women and young children

Morning Star offers:

- A highly structured environment
- 24-hour supervision
- Focus on recovery
- Individual and group counseling
- Relapse prevention
- Vocational rehabilitation
- Recreational activities
- Transportation to outpatient treatment
- Transportation to self-help meetings
- Random drug testing (observed)
- Parenting program
- Child care (MSII)
- Discharge planning
- A program and facility licensed by NYS OASAS
- Use of MAT accepted

"I've learned a lot since I've been here. I found my voice. I'm proud of myself."

- Diane, Morning Star I resident

“Morning Star gave me the freedom and ability to do whatever I want to do and be whatever I want to be.”

- Lola, Morning Star I resident

Morning Star I

Morning Star I provides women in recovery with a safe, supportive, home-like structure focused on helping them to develop a drug- and alcohol-free, self-supporting lifestyle.

Morning Star II

Morning Star II allows mothers to live and bond with their preschool-aged children as they work toward recovery. While mothers are in treatment, related groups, meetings, etc., trained staff care for their children; at all other times mothers are responsible for their children. Children ages three and four attend a local preschool. Five-year-olds attend kindergarten in the Half Hollow Hills School District.

Clients enrolled in Morning Star I may transition to Morning Star II when they regain custody of their children.

Pregnant & Postpartum Women’s Program

- Peer Recovery Advocates support women during and after their stay
- RN on staff provides health, psychoeducation and monitors physical well-being of mothers and infants
- Group offerings include Helping Women Recover, Beyond Trauma and Smart Recovery
- Family involvement encouraged through Celebrating Families program

Contact Us:

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Morning Star I
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Parenting Program

- Parenting specialist
- Evidenced based baby/child program
- Dedicated toddler room
- Weekly one-to-one meetings
- Weekly parenting group
- Parenting effectiveness course
- Supervised Mommy & Me outings

Referral Process

- Referrals must be made from an OASAS licensed treatment facility while women are in treatment.
- Morning Star candidates must:
 - Be at least 18 years old
 - Meet admission criteria
 - Be able to participate in the program

SCO Family of Services

SCO Family of Services helps New Yorkers build a strong foundation for the future. We get young children off to a good start, launch youth into adulthood, stabilize and strengthen families and unlock potential for children and adults with special needs. SCO has played a vital role delivering human services in communities throughout New York City and Long Island for more than 125 years.

To learn more about SCO Family of Services, visit us online at www.sco.org.



Extraordinary reach.
Unconditional care.
Life-changing results.