



An outpatient substance use clinic providing person-centered, trauma-informed care for adults and adolescents ages 12 and up.

SCO Clinic

SCO Clinic Outpatient Treatment

SCO Clinic utilizes evidence-based practices working from a person-centered approach to address substance use disorders. We provide trauma-informed care by creating a safe place where clients can share, grow, and heal. Recognizing the impact of trauma and addiction, our Seeking Safety program provides holistic and clinically informed care in a group setting. We are located in Dix Hills on the beautiful, tranquil landscape of the Madonna Heights campus.

SCO Clinic is an outpatient substance use treatment clinic licensed by the New York State Office of Addiction Services and Supports (OASAS), and credentialed by the Council on Accreditation (COA), a nationally recognized standard of excellence.

We provide services to adults and adolescents ages 12 and up.

Our goal is to help those we serve overcome the devastating effects of substance use disorders so that they may lead a healthier, happier life in recovery.

Holistic Approach to Care

SCO's medical and clinical staff work in partnership with our clients to create a person-centered treatment plan to guide the recovery journey.

We take a holistic, multidisciplinary team approach to care, assessing client and family needs to determine if they could benefit from additional services, such as mental health services through our Family Service Clinic, or Care Management services - all conveniently located on the same campus.

We know that family plays an important part in the recovery process. We provide services to the family to help them understand the disease and equip them with knowledge and support to help them help their loved one overcome their addiction.

SCO Clinic Offers:

- Individual, family, and group therapy
- A variety of groups
 - Relapse Prevention
 - Psychoeducation Groups
 - Anger Management
 - Codependency
 - Seeking Safety
 - Professional Group
- Evidence-based practices
 - Cognitive Behavioral Therapy (CBT)
 - Dialectical Behavioral Therapy (DBT)
 - Motivational Interviewing
 - Harm Reduction

Extraordinary reach. Unconditional care. Life-changing results.

The Professional Group

The Professional Group is for clients in the community who have a professional commitment to their careers, with less time availability. This group therapy is currently held on Thursday evenings.

Our program offers a comprehensive range of evidence-based therapies as well as Seeking Safety. In addition, the group explores topics on Relapse Prevention, Codependency, and Anger Management. Our experienced Clinicians guide you through engaging exercises to enhance coping skills, reduce anxiety and manage stress effectively. These therapies provide the foundation for lasting change.

At Professional Group, we don't just facilitate sessions; we inspire you to realize your full potential. Our approach is deeply rooted in a person-centered perspective, acknowledging your unique journey in recovery and the inherent potential within you.



Referral Process

Clients may be referred by hospitals, inpatient rehab, insurance companies, the court system, child protective services, other programs, or self refer.

Walk-ins are welcome!

SCO Clinic accepts most insurances including Medicaid and Medicaid Managed Care.

Hours of Operation

Monday	9AM to 3PM
Tuesday	9AM to 8PM
Wednesday	9AM to 3PM
Thursday	9AM to 8PM
Friday	9AM to 3PM

Contact Us:

SCO Clinic
151 Burrs Lane
Dix Hills, NY 11746
P: 631.213.0201

SCO Family of Services

SCO Family of Services helps New Yorkers build a strong foundation for the future. We get young children off to a good start, launch youth into adulthood, stabilize and strengthen families and unlock potential for children and adults with special needs. SCO has played a vital role delivering human services in communities throughout New York City and Long Island for more than 130 years.

To learn more about SCO Family of Services, visit us online at www.sco.org.



Extraordinary reach.
Unconditional care.
Life-changing results.